



# ZERO WASTE IN TRAINING FOR CATERING & HOTELS



Webography

# **STUDY ANALYSIS - TRANSNATIONAL LEVEL**

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ZWITCH Project N°: 2021-1-FR01-KA220-VET-000024799







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# Description of the project

Project title: ZWITCH - ZERO-WASTE in TRAINING for Catering & Hotels
Agreement number: 2021-1-FR01-KA220-VET-000024799
Programme: Erasmus+
Key Action 2: Cooperation for Innovation
Field: Strategic partnerships in the field of Vocational Education and Training
Project Duration: 24 months

### Project partners

- OSENGO (Applicant, France);
- Euroform RFS (Italy)
- EU-Trade (Lithuania)
- Pap Corp. (Greece)
- ITPIO (Bulgaria)

### The context

The concept of zero waste has become a major topic nowadays. There are many vocational trainings in the respective partner countries in the hotel and catering sector, but they do not specifically take into account the concept of zero waste or do not address this issue. These trainings should be improved by adding awareness of the zero-waste concept, how to reduce or avoid waste.

We will produce a training module on zero waste that can be used as a stand-alone training or included in existing circulars. This will help to spread theories and teachings on zero waste to many training and education courses. The format of the programme will allow existing courses to include these additional modules without having to redesign their entire curriculum. This would give schools the flexibility to open up new optional or compulsory modules to their learners.

We want to take action on waste reduction, zero waste, in the catering sector, from education to working life, through a set of technical methods gathered on a platform & in a learning guide with rich examples.







### The proposed project

With Europe's 2020 strategy and the United Nations' 2030 Sustainable Development Goals, we want Europe to continue to develop and improve in a sustainable way. It is important to teach how to take care of the planet and how to avoid waste.

The proposal aims to take action on waste reduction (aiming zero waste) in hospitality education through a programme based on 2 MOOCS. A collection of technical methods and good practices, as well as an online platform, will be built alongside this project.

Although waste reduction has become an unavoidable topic nowadays, no concrete initiatives have been taken in the education sector on this subject. There are many vocational trainings in the respective partner countries, but they do not specifically take into account the concept of zero waste. These trainings are mainly based on conventional models or are targeted on an individual basis.

## Purpose of the webography

This is a collection of useful addresses and links in each partners country for finding guidance and help in the zero-waste field. Its purpose is to give trainers and teachers ideas to construct their trainings but also to forward them to trainees or students.







## Contacts and Links

### Italy

Name	Short description	Contact
Starbucks	Starbucks is a large international company lo- cated in every corner of the world. In 2022, it started an initiative in its shops to encourage its customers to bring their personal reusable cup to receive a discount on consumed coffee products.	https://stories.star- bucks.com/stories/2022/star- bucks-innovates-tests-and-learns- from-store-partners-to-achieve- waste-goals/ Starbucks Turin (011 440 7612) Starbucks Garibaldi (02 6556 0122) NB. The article does not mention the Italian Starbucks but by tele- phone they have confirmed that they have adopted this practice.
Chef Horticultur- ists	Here is the example of some chefs who have chosen to create personal gardens for their restaurants in order to always have the fresh- est food and to support the environment by avoiding long transport of raw materials.	https://www.itali- aatavola.net/check-in/locali-tur- ismo/ristoranti-pizzerie/cosa- cresce-al-ristorante-i-migliori-lo- cali-italiani-con-l-orto/80591/ Carlo Cracco, Moreno Cedroni, Salvatore Bianco, Massimo Spigaroli etc.
Too good to go	Too Good To Go is a mobile application for iOS and Android devices that connects the user to restaurants and shops with unsold surplus food. The restaurants sell the surplus food at a lower price so that it is not wasted.	https://toogoodtogo.it/it/move- ment
Returnable vac- uum	In 2017, Environment Minister Gian Luca Gal- letti brought the returnable-empty mecha- nism to the forefront of sustainable develop- ment policies by launching an initiative in 2018 that included a number of Italian compa- nies.	https://www.mite.gov.it/pagina/v uoto-rendere NB. On the government website there is an excel file with the names that participated in the 2018 project.
Hotels Camping Markushof	The hotel is a good example of how it is useful to compost one's own waste in order to re- duce the volume of waste and have a lower environmental impact.	https://www.falcorpresse.it/i- settori-della-compattazione-de- gli-scarti/hotel-e-ristorazione/ NB. In order to make sure they use this practice, the structure was







		contacted by telephone ( <u>0471</u> <u>810025</u> ).
Duke's	In Italy, the Italian Federation of Public Estab- lishments (FIPE), in order to promote the con- cept and practice of the doggy bag, organised a competition involving restaurateurs to find an all-Italian term for the practice of anti- waste doggy bags. The term chosen was "Rim-	https://www.fipe.it/2019/04/03/ dalla-doggy-bag-al-rimpiattino- fipe-e-comieco-insieme-per-una- nuova-cultura-antispreco-al- ristorante/
Osteria Frances- cana in Modena	piattino" proposed by Duke's in Rome. Massimo Bottura's restaurant was one of the first, back in 2015, to introduce Trash cooking in Italy, a type of cooking that uses 100% of raw materials and reduces food waste.	Viale Parioli, 200, 00197 Rome RM <u>https://www.panorama-</u> <u>chef.it/spreco-alimentare-trash-</u> <u>cooking-cucina-economica-cu-</u> cina-sostenibile/
0 km restaurants in Rome – where nature is the protagonist	This article gives some examples of restau- rants that have made seasonality their strong point by buying local produce at km 0 and of- fering a varied menu respecting the times and flavours of nature.	https://2night.it/c38bcc-/si- scrive-km-si-legge-slow-food- ristoranti-di-roma-dove-il-cibo- natura.html
Conca Park Hotel in Sorrento	Since 2014 Conca Park Hotel was recognised as the first zero waste hotel in Italy! During the years, the guests helped to reduce around 40% of their waste production.	https://www.concapark.com/en/ eco-friendly-hotel
B&B Botton d'Oro	The structure promotes a tourism that gives the guest the opportunity to approach an eco- friendly lifestyle through simple daily actions, including creative recycling to furnish and dec- orate the structure. The creative recycling of furniture, decora- tions and small objects was a fundamental step for the realization of her dream.	https://www.bottondoro-vallei- magna.it/chi-siamo/
B&B Paradiso n. 4	It is a small B&B in the heart of Siena. At the time of its opening, the heart of the B&B's phi- losophy was the love for the planet and its de- fense through conscious purchases, support for the local economy, inclusion economy, seasonality, typicality and the fight against waste.	http://www.paradiso4.com/





#### France



Name	Short description	Contact
ZERO WASTE LYON	The Zero Waste Lyon association was created	https://zerodechetlyon.org/
	in April 2015 as a result of the desire of the	
	Zero Waste France association to spread the	
	Zero Waste movement throughout the coun-	
	try.	
	It brings together committed citizens and vol-	
	unteers who want to act to reduce waste and	
	spread the Zero Waste movement. After one	
	year of existence, the collective has become a	
	non-profit association.	
TRAVEL DIFFER-	This is the portal of the company ID Croisé, a	https://www.voyageons-autre-
ENTLY	fantastic tool for: raising awareness of sus-	<u>ment.com/</u>
	tainable tourism among the general public,	
	engaging with others, federating, enhancing,	
	building, participating in the creation of	
	wealth.	
	2 objectives: to raise awareness among travel-	
	lers (information to prepare your trip, articles	
	and files, resources and information on Sus-	
	tainable Tourism, Ecotourism, Fair and Soli-	
	darity Tourism, etc.),	
	generalists and territories under the micro-	
	scope, popularisation of the sustainable de-	
	velopment policy of the major operators	
	(technical data sheet, evaluation of actions, etc.),	
	spaces for participation and exchange (cf. so-	
	cial media), and visibility of the actors and pro-	
	motion of the concepts.	
ZERO WASTE	They advocate an ambitious zero waste, zero	https://www.zerowastefrance.or
FRANCE	waste approach that prioritises reduction at	g/
	source. Their vision is part of a global ecologi-	
	cal transition, respect for human rights and a	
	better consideration of the most disadvan-	
	taged populations and future generations.	
	In practice, this will manifest itself in actions	
	aimed at producing differently, optimising and	
	extending the use and preservation of materi-	
	als.	
Too Good To Go	In France, 10 million tonnes of food are	https://toogoodtogo.fr/fr
	wasted each year.	
	Co-founded by the Frenchwoman Lucie Basch,	
	Too Good To Go was conceived as a simple,	
	everyday solution for everyone to get	







	involved at their own level against the aberra-	
	tion of food waste.	
	Too Good to Go's first solution is an applica-	
	tion that connects retailers who have unsold	
	goods with local residents who can pick up	
	these unsold goods at closing time, at a low	
	price, in the form of surprise baskets.	
Chamber of Com-	Supporting businesses through training, ad-	https://www.cci.fr/actual-
merce and Indus-	vice and information, in particular by making	ites/lupcycling-cest-quoi
try	available articles on zero waste and upcycling.	
Cyrkl	Cyrkl is Europe's largest waste marketplace	https://new.cyrkl.com/fr/
	and connects the right business partners using	
	cutting-edge digital technologies and machine	
	learning. Adding or requesting a product takes	
	just a few minutes and registration is com-	
	pletely free and online.	
	Cyrkl's main mission is also to introduce the	
	principles of the circular economy into the	
	waste management of companies in all sec-	
	tors.	
ECOTABLE	In addition to Ecotable's labelling and support	https://ecotable.fr/fr
	activities, an association was created in April	
	2019 with the aim of federating citizens com-	
	mitted to sustainable food: The Ecotable Com-	
	munity. It promotes synergies between those	
	who eat, cook and produce, and acts around	
	three axes of commitment: The sharing of	
	good practices between those who make sus-	
	tainable food, The acceleration of the food	
	transition and the restoration of the parts of	
	our society that need it.	
The Fork	TheFork is a community of thousands of gour-	https://www.theforkman-
	met users and more than 60,000 restaurant	ager.com/fr-fr/blog/restaurant-
	partners.	eco-responsable
	For 15 years, TheFork has been helping you	
	find and book the best restaurants near you or	
	anywhere else, according to your desires and	
	your budget.	
	On the blog you can find articles on zero waste	
	and ecology in the catering sector.	
Flexico	Flexico <sup>®</sup> is an eco-responsible company that	https://www.flexico.com/fr/
	ensures an eco-responsible production of	
	packaging.	
	An eco-responsible company is one that inter-	
	nalizes environmental issues into its produc-	
	tion, with the ultimate goal of saving as many	







	natural resources as possible and minimizing its impact on ecosystems.	
Novethic	Our mission is to inform, train and encourage action by financial players, companies and cit- izens. At the crossroads of sustainable finance strategies and corporate social responsibility practices, Novethic deploys its expertise - me- dia, research, auditing and training - to enable professionals to meet the challenges of sus- tainable transformation. Founded in 2001, Novethic is a subsidiary of the Caisse des Dé- pôts Group. It includes articles on the "major challenges for the climate plan".	https://www.novethic.fr/c https://www.novethic.fr/actual- ite/environnement/climat/isr- rse/le-grand-defi-incite-les-entre- prises-a-s-entendre-avant-d-agir- 150598.html





### Bulgaria



Name	Short description	Contact
Bonduelle	Bonduelle offers vegetables worldwide in all	https://www.bonduelle.com/en/ac-
	forms, processed with innovative, environ-	tualites-ovpl/100-recyclable-or-re-
	mentally and health-friendly technologies.	usable-packaging-at-bonduelle-by-
	Zero Waste is its priority. There will be 100%	<u>2025.html</u>
	recyclable or reusable packaging at Bonduelle	
	by 2025.	https://bonduelle.bg/statiya/prior-
	Packaging materials are a very important topic	itet-nulevi-otpadci
	at Bonduelle. Bonduelle Group aims to be part	
	of an increasingly circular economy. It there-	
	fore makes sense for packaging to be at the	
	heart of the second macro-objective of its Cor-	
	porate Social Responsibility (CSR) approach in	
	order to reduce the share of non-renewable	
	materials used, and thus promote sustainable	
	consumption The ambition is to achieve	
	100% packaging designed to be recyclable or	
	reusable by 2025.	
Tupperware	The company's vision is to increase the lon-	https://www.tupperware-
	gevity of our planet, our people and the com-	brands.com/our-impact/choosing-
	munities in which we live and work by signifi-	good-for-communities
	cantly reducing the amount of food waste and	
	single-use plastic.	https://sustainability.tupperware-
	For 75 years, Tupperware has been a leader in	brands.com/#start
	creating innovative, functional and environ-	
	mentally responsible products. Through its	https://www.tupperware-
	various product lines, Tupperware remains fo-	brands.com/our-impact/choosing-
	cused on reducing impact on the environment	good-for-environment
	by providing reusable, durable and easy-to-	
	use solutions.	
	By using Tupperware products for storage,	
	freezing, reheating and serving needs, you	
	help reduce the amount of disposable plastic	
	wrappers, containers and packaging you	
	throw away every day.	
<b>ECOPACK Bulgaria</b>	The journey separately collected packaging	https://www.ecopack.bg/en/for-cit-
	waste undertakes, starting from the three	izens
	color-coded containers up until it reaches the	
	recycling plants.	Here, you can follow the journey
	ECOPACK have had separate packaging waste	waste undertakes and see what hap-
	collection systems installed in 88 municipali-	pens to each piece of packaging you
	ties around the country. They utilize the three	throw in the color-coded containers
	colour-coded container system: blue – for	for separate waste collection:
	cardboard and paper packaging, yellow – for	
	plastic and metal, and green – for glass bottles	







CATERING		
Torre Wester Dul	and jars. The locations where the three con- tainers are placed are determined by each of the contracted municipalities. Waste removal is carried out based on a specifically designed weekly schedule. Different trucks service the differently colored containers in order to guarantee that the separately collected mate- rials aren't accidentally mixed. The waste from the colour-coded containers is then transported to a sorting facility where the ma- terials are further separated based on type so that each type can be recycled using a single technological process. Subsequently, they are bailed and prepared to be taken to the recy- cling plants.	<ul> <li><u>https://www.youtube.com/watch?time_con-tinue=6&amp;v=idfyg5m8uFl</u></li> <li><u>https://www.youtube.com/watch?time_con-tinue=7&amp;v=SyWTv1v4c-A</u></li> <li><u>https://www.youtube.com/watch?time_con-tinue=6&amp;v=FXEWUWx13bM</u></li> </ul>
Zero Waste Bul- garia	It all started in 2018, when provoked by the much waste in everyday life, the "Zero Waste Bulgaria" association was set up. This hap- pened on the symbolic date 22 April – the In- ternational Earth Day. Today, with great en- thusiasm and desire, the organization contin- ues to work for the protection of the environ- ment by spreading the philosophy of life with- out waste with many examples. Various events and initiatives – seminars, trainings in companies, workshops at schools and universities, etc. – are organized to reach a wide audience and together with their feed- back and support the association develops its business online and offline.	https://zerowastebulgaria.org
For EARTH society @ZaZemyata Nonprofit organi- zation	This is a NGO uniting the efforts of people de- termined to work for the creation of environ- mentally friendly and equal life on our planet, which excludes the exploitation of people and nature. It works in cooperation with environ- mental organizations at national and interna- tional level. The association is a member of in- ternational organizations: CEE Bankwatch Network, Friends of the Earth Europe, and Friends of the Earth International, GAIA (Global Alliance Against Incinerators), SEEEN (Environmental NGOs for Southern and East- ern Europe), Climate Action Network Eu- rope, and is associate member of the Euro- pean Environmental Bureau. Objectives: To collect and disseminate infor- mation related to environmental issues; To	https://www.zazemiata.org/about/







	promote the formation of a conservation cul-	
	ture and raise public awareness about the en-	
	dangered state of life on the planet; to organ-	
	ize actions and campaigns for protection and	
	restoration of the environment.	
Youth for Earth So-	Youth group with @ZaZemyata, including eco	https://www.face-
ciety	activists, united at international level in the	book.com/YESforEarth/
@YESforEarth	Young Friends of the Earth Europe network.	
	Six targets:	https://youthadvocateph.org/
	A. Environmental and Scientific Awareness	
	B. Sustainable and Climate-smart Lifestyles	
	C. Ecologically-centered Agriculture	
	D. Biodiversity and Wildlife Conservation	
	E. Disaster Reduction and Climate Resiliency	
	F. Active Green Spaces and Eco-Tourism De-	
	velopment	
"Burgas Recycles"	The initiative started five years ago as a crea-	https://www.burgasrecy-
campaign in	tive eco educational campaign for primary	<u>cle.com/uchilishta/</u>
schools	school students, their parents and teachers.	
	Main objectives:	hamarecycle@gmail.com
Sustainable living	• Creating interest in environmental protec-	
initiative	tion;	
	• Promoting separate collection and reuse of	
	waste.	
	The campaign is based on innovative teaching	
	methods through creative games, contests	
	and competitions, as well as practical applica-	
	tion of knowledge. The participants also take	
	part in wild beach clean-ups, e-waste collec-	
	tion competitions and charity events.	
Erasmus+ Water-	Environmental programme at schools within	http://www.water-
school project	the project, educating students and staff	schools.eu/bg/resursi-za-uchiteli-os-
	about waste reduction and recycling.	novno-uchilishche-1
	Environmental education is aimed at shaping	
	ecological culture, environmental awareness	
	and environmental behaviour in students with	
	a view to knowing and respecting environ-	
	mental standards, protecting nature and nat-	
	ural resources, preserving ecological balance,	
	and creating a sustainable environment.	
	Waste reduction week	
	Pollution lesson	
	<ul> <li>Earth Day research activities</li> </ul>	





#### Greece



Name	Short description	Contact
WWF Greece	WWF published HOTEL KITCHEN - a guide to	Vicky Barboka
	Zero Waste strategies for hoteliers and cater-	WWF GREECE
	ers, following a hotel kitchen, analyzing and	https://www.wwf.gr/
	presenting its results as a case study. The	+306978864818
	guide offers detailed information on strate-	v.barboka@wwf.gr
	gies followed and the data they produced.	
	Along with the digital guide, five videos are	
	available in the platform.	
AB – Alfa Vita Su-	One of the largest super market chains in	Alexia Macheras, Sustainability &
per Markets	Greece, part of the Delhaize group, Alfa Vita	Communication Manager
	Vasilopoulos follows a Sustainability strategy	AB VASSILOPOULOS - Alfa Vita
	aimed to improve the Greek consumers' die-	Vassilopoulos Super Markets
	tary and everyday habits.	https://www.ab.gr/
	Its 3 pillars include: Recycling, Healthy Recipes	+30 2106877524
	& Eco-friendly packaging.	amachera@ab.gr
Fruta Freia / Ugly	Fruta Feia Cooperative is a non-profit con-	Isabel Soares,
Fruits	sumer's cooperative, established to reduce	Project Manager/Coordinator
	food waste due to its appearance, channeling	FRUTA FEIA / FLAW4LIFE
	directly from the region's farmers to consum-	https://frutafeia.pt/en
	ers; part of the production of fruits and vege-	+ 351966177519
	tables currently rejected for mere aesthetic	<u>info@frutafeia.pt</u>
<b>a</b>	reasons – shape, size or colour.	
Staramaki	Staramaki, an alternative form of drinking	Stefanos Kamperis
	straw, made from wheat, is cultivated and	Staramaki
	produced in Kilkis, Greece.	https://www.staramaki.gr/
	It is created by a social cooperative enterprise	+30 2341023699
	based in a rural area, supports the environ-	<u>info@staramaki.gr</u>
	ment, the local rural economy and offers the	
	possibility of employment in vulnerable social	
F ZONE	groups F Zone is a Catering department based in	IOANNIDOU SOFIA
	Thessaloniki, Greece which is also the exclu-	P.A.P. Corp S.A.
	sive caterer for the American Farm School of	https://www.papcorp.com/
	Thessaloniki. The action involves the proper	+30 2310 492 863
	menu redesign, preparation & displace, ser-	fzone@papcorp.gr
	vice and waste handling.	izene e papee pigi
	O.	
PAP CORP	P.A.P Corp. is a hospitality company based in	PAPADOPOULOU NONITA
	Thessaloniki, Greece. "Zero Waste in P.A.P ho-	P.A.P. Corp S.A.
	tels" is a communication campaign addressed	https://www.papcorp.com/
	mainly to our partners, guests and the local	+30 2310 505 500
	communities around the hotels in order to	nonita@papcorp.gr
	show all the efforts that take place in the	







	every-day operation, to enhance loyalty and volunteering.	
Alliance for the Re- duction of Food Waste	In this collective effort, public authorities, pro- fessional and scientific bodies, food and cater- ing companies from all stages of the supply chain, civil society organizations, academic and research community members join forces.	Barboka Vicky WWF Greece – Food programm of- ficer www.wwf.gr 210 3314893 v.barboka@wwf.gr
PEPSICO	Waste reduction, in all its forms and across our value chain, is a strategic imperative for PepsiCo and a key tenet of PepsiCo ambition. It not only provides benefit to their business in the form of cost savings and efficiencies gained, but is also inherent to being a good cit- izen of the communities where they operate.	Joe Howell, Associate consultant WRI <u>https://www.wri.org/</u> joe.howell@wri.org
Hotels In Cyprus	The use of waste mapping techniques enables resource use and types and locations of waste generated to be identified and represented visually, or 'mapped out'. Mapping waste in this way can help you develop a complete overview of activities on your site, and to identify areas where resources are wasted. It also allows you to identify opportunities where waste could be prevented or segre- gated for re-use or recycling. The principal aim of this guide is to provide hotel operators and organisations in the tourism industry in Cy- prus with the practical skills, knowledge and tools needed to introduce waste mapping techniques, to identify opportunities to imple- ment low or no-cost measures to prevent and reduce waste and reduce business costs.	Hub Nicosia CSTI – Cyprus Sustainable Tourism Initiative Ayios Andreas/Nicosia - <u>https://csti- cyprus.org/</u> (+357) 99800189 info@csti-cyprus.org
Ribno Alpine Re- sort Hotel & Glamping	This is a settlement committed to sustainable development and they want to keep the world green. They show a caring attitude towards the environment, especially in the field of waste, drinking water, and respect for food. In 2018, they obtained the Zero Waste Hotel certificate and became the first hotel in Slove- nia with this title. In 2021, they also acquired the title of Zero Waste Glamping. They are the first and only in Slovenia with this certificate.	Katarina Strgar, Marketing Manager Hotel Ribno Ribno Alpine Resort Hotel & Glamp- ing Izletniška cesta 44 4260 Bled +386 4 578 31 00 info@hotel-ribno.si







### Lithuania

Name	Short description	Contact
Nordic council of	The Nordic council of ministers' office of Lat-	https://www.futureoffood.eu/
ministers office of	via created the vision how technologies will in-	
Latvia	fluence or have already influenced how we	
	look at food. New technologies helped society	
	to buy groceries in an eco-friendlier way by	
	not going to the store even.	
Zero waste shops	Zero waste shop where there is no packaging,	https://zerowasteshops.lt/
	all people that go to the store have to have	
	their own packaging to take the groceries.	
Etic hotels	A website that provides ethical and sustaina-	https://etichotels.com/lithuania
	ble hotels, evaluates them and gives them a	
	score. Also provides review and places to visit	
	for tourists.	
Agrifood	It is a digital innovation centre bringing to-	https://www.agrifood.lt/
	gether the most important stakeholders of	
	Lithuanian business, science and the public	
	sector in order to implement the digital trans-	
	formation of agriculture, food and related sec-	
	tors.	
Lithuanian associa-	Lithuanian association of hotels and restau-	https://lvra.lt/kontaktai/
tion of hotels and	rants - the only and largest public organization	
restaurants	uniting the hospitality business in Lithuania,	
	whose ranks of 300 members are hotels, res-	
	taurants,	
Smithsonian mag-	An article from a magazine that is writing	https://www.smithson-
azine	about a restaurant that implements the Zero-	ianmag.com/innovation/rise-zero-
	waste ideas.	waste-restaurants-180974394/
Tenzo	A guide for restaurants on different tech-	https://blog.gotenzo.com/the-ulti-
	niques of Zero-waste they can apply to their	mate-guide-to-reducing-food-waste-
	business.	and-keeping-food-costs-low
Wrap	A toolkit for business on how to reduce waste	https://wrap.org.uk/taking-ac-
	and make your business zero-waste.	tion/food-drink/initiatives/food-
For double state		waste-reduction-roadmap
Food and agricul-	FAO supports governments in building inclu-	https://www.fao.org/food-sys-
ture organization	sive, efficient and sustainable food systems	<u>tems/en/</u>
of the united na-	through leadership-driven, market-based ac-	
tions	tion and collaboration, informed by insights	
	and innovation and in alignment with the sus-	
Linited States Free	tainable development goals.	
United States Envi-	Some tips and options on what can restau-	https://www.epa.gov/sites/de-
ronmental Protec-	rants do and practice in order to prevent wast-	fault/files/2016-08/docu-
tion Agency	ing food.	ments/food loss prevention op-
		tions restaurants august 2016.pdf









Lithuanian Food	Lithuanian Food Exporters Association	https://www.litmea.lt/en/home/
Exporter Associa-	(LitMEA) unites food industry companies rep-	
tion	resenting different industrial sectors. They do	
	not compete directly in the local and foreign	
	markets and see possibilities to cooperate and	
	trust each other.	
30 restaurants	It is a website that highlights the best restau-	http://30bestrestaurants.lt/restau-
	rants in Lithuania, the reasons why they are	rants/2017/gaspars
	the best and also other necessary information	
	about a restaurant that you might need.	
Rimi	Rimi writes about the practices they apply in	https://www.rimi.lt/zero-waste
	their business. They offer clients to bring their	
	own packaging and buy things like soap, clean-	
	ing detergent and other things.	
Nordic council of	To better understand the changes in food con-	https://norden.lv/en/projects/sus-
Ministers office of	sumption and agrifood start-up environment	tainable-development/future-
Latvia	in Baltics in the time of the Covid-19 pan-	trends-of-food-in-nordic-baltic-re-
	demic, the EIT Food CLC NE and Nordic Council	gion
	of Ministers Office in Latvia collaborate on as-	
	sessing opportunities for the future of the	
	food system in Nordic and Baltic countries.	
	Both organizations will perform an analysis of	
	the local situation and global trends as well as	
	disseminate information on the new trends to	
	a wider audience in Baltic countries.	
12 o'clock Box	A catering service that provides healthy food	www.12oclockbox.com
	in reusable containers by subscription.	